Academic
Curriculum Vitae

Mark Julian Ashworth

F R C S (Orth)

Consultant Orthopaedic Surgeon

Specialising in

Hip and Knee Arthritis Surgery
(Primary and Revision Arthroplasty),
Hip Arthroscopy,
Arthroscopic and Sports Surgery of the Knee

PERSONAL DETAILS

Name:	Mark Ashworth	
Address:	Derwent Hill Greenway Rd Torquay TQ2 6JE	
Nationality:	British	
Marital Status:	Married	
Date of Birth:	6 July 1962	
General Medical Council Number:	Full Registration Number 3166925	
CCST Date:	31st March 1999	
Education:	Scarisbrick Hall School, Ormskirk, England	1972 - 1980
	The Victoria University of Manchester, England	1980 - 1986
Academic Qualifications:	Physiology BSc Hon's. 2 (1)	1983
	MB ChB, The Victoria University of Manchester	1986
	Primary FRCS, Glasgow	1988
	Fellow of the Royal College of Surgeons of England	1991
	Intercollegiate Speciality Examination in Orthopaedic Surgery	1997
Academic Distinctions:	2nd MB: Physiology (Hons), Biochemistry (Hons)	1982
	3rd MB: Microbiology (Distinction)	1984
Committee Membership:	Girdlestone Memorial Library Committee Nuffield Orthopaedic Centre, Oxford	1994 - 1996
	Electronic Patient record Shires **consortium board** member	2002 - 2003
	Electronic Patient record SDHC board member	2002 – 2003
Sporting Achievements:	Manchester University Cap: Squash Team	1983 & 1984

CURRENT APPOINTMENT

Consultant Orthopaedic Surgeon: **Mount Stuart Hospital, Torquay** — **Aug 1999- to date**

Hip and Knee Arthritis Surgery- (Primary and Revision Arthroplasty), Hip Arthroscopy, Arthroscopic and Sports Surgery of the Knee.

Consultant Orthopaedic Surgeon: **Torbay Hospital (**bank worker**), Torquay** — **Aug 1999- to date**

Hip and Knee Arthritis Surgery- (Primary and Revision Arthroplasty), Hip Arthroscopy, Arthroscopic and Sports Surgery of the Knee. Orthopaedic trauma surgery

Associate Lecturer, University of Plymouth — **2019 - 2020**

Examiner at Masters Level University of Plymouth — **2010, 2016 & 2019**

PREVIOUS APPOINTMENTS

Honorary Clinical Fellow Plymouth University — **2017- 2018**

Clinical Director T & O Department **Torbay Hospital, Torquay** — **Oct 2010- Oct 2013**

Specialist Registrar Oxford Rotation: **Wycombe General Hospital, High Wycombe** — **Feb 1999–June 1999**

General Orthopaedic and Trauma Surgery
Mr A Fernandez

Lower Limb Arthroplasty and Arthroscopy Fellow: **Wakefield Orthopaedic Clinic, Adelaide, South Australia** — **July 1998-Jan 1999**

SAC Approved Fellowship in Lower Limb Arthroplasty
Arthroscopic and Sports Surgery:-

Hip and Knee Arthritis Surgery
(Primary & Revision Endoprosthetic Surgery)
Mr P Lewis

Sports Surgery, Hip & Knee Arthritis Surgery
Mr P Dobson, Mr K Angel

Clinical Tutor: **The Queen Elizabeth Hospital, Adelaide, South Australia** — **Jan 1998-June 1998**

SAC Approved Fellowship in Lower Limb Arthroplasty
Arthroscopic and Sports Surgery:-

General Orthopaedic, Hip and Knee Arthritis Surgery
Associate Professor R Bauze

Hip and Knee Arthritis Surgery
(Primary & Revision Endoprosthetic Surgery)
Mr P Lewis, Mr G Morrison

Sports Surgery and Hip & Knee Arthritis Surgery
Mr A Spriggins

Specialist Registrar
Oxford Rotation: **<u>Nuffield Orthopaedic Centre, Oxford</u>** **June 1997 - Dec 1997**
Elective Orthopaedic Surgery

Hip and Knee Osteoarthritis and Rheumatoid Arthritis Surgery
(Including Primary & Revision Arthroplasty Surgery)
Mr R Gundle

Knee Surgery (Including Ligament Reconstruction Surgery)
Mr C A Dodd

Specialist Registrar
Oxford Rotation: **<u>John Radcliffe Hospital, Oxford</u>** **Jan 1997 - June 1997**
Trauma Orthopaedic Surgery

Mr (now Prof) K Willett, Mr C Bulstrode,
Mr R Handley, Mr P Burge,
Mr P H Worlock, Mr G P Wilde,
Mr J Fairbank, Mr J Wilson MacDonald

Specialist Registrar
Oxford Rotation: **<u>Princess Margaret Hospital, Swindon</u>** **Jan 1996 - Dec 1996**
Trauma and ELECTIVE ORTHOPAEDIC Surgery

Hand & Upper Limb Jan 1996 - March 1996
Mr I M R Lowdon

Knee & spinal surgery April 1996 - June 1996
Mr A J B Fogg

Hip & knee revision arthroplasty surgery July 1996 - Sept 1996
Mr J P Ivory

Paediatric orthopaedic surgery Oct 1996 - Dec 1996
Mr D M Williamson

Career Registrar
Oxford Rotation: **<u>John Radcliffe Hospital, Oxford</u>** **July 1995 - Dec 1995**
Trauma Orthopaedic Surgery

Mr P H Worlock, Mr G P Wilde, Mr (now Prof) K Willett
Mr J Fairbank, Mr J Wilson MacDonald,
Mr R Handley, Mr P Burge, Mr C Bulstrode,

Career Registrar
Oxford Rotation: **<u>Nuffield Orthopaedic Centre, Oxford</u>** **Jan 1994 - June 1995**
Elective Orthopaedic Surgery

Spinal Surgery Jan 1994 - June 1994
Mr J Fairbank, Mr J Wilson MacDonald

Hip and Knee Arthritis Surgery July 1994 - Dec 1994
(Primary & Revision Arthroplasty Surgery)
Mr P McLardy-Smith

Bone infection & Limb Lengthening Jan 1995 - June 1995
and General Orthopaedic Surgery
Prof. J Kenwright, Mr A H R W Simpson
Mr D Murray

Career Registrar
Oxford Rotation: **<u>John Radcliffe Hospital, Oxford</u>** **Oct 1993 - Dec 1993**
Trauma Orthopaedic Surgery

Mr P Burge, Mr J Fairbank
Mr J Wilson MacDonald
Mr C Bulstrode

Career Registrar
Oxford Rotation: **<u>Windsor Group of Hospitals</u>** **Oct 1992 - Sept 1993**

<u>Wexham Park Hospital, Slough</u> Oct 1992 - March 1993
Trauma Orthopaedic Surgery

Knee ligament & Arthroscopy
Mr RA Allum, Mr G Deane,

<u>Heatherwood Hospital, Ascot</u> April 1993 - Sept 1993

Elective Orthopaedic Surgery
Mr M Swann, Mr JR Jones

Senior SHO Orthopaedic Surgery: **North Staffordshire Hospital Complex, Stoke-on-Trent** — **Aug 1991 - Sept 1992**

North Staffordshire Royal Infirmary
Trauma Orthopaedic Surgery

Prof. J Templeton, Mr CH Wynn-Jones, Mr PBM Thomas, Mr DE Edwards — Aug 1991 - Dec 1991

Hartshill Orthopaedic Hospital
Elective Orthopaedic Surgery

Mr CH Wynn-Jones Mr WM Steel, Mr J Dove, Mr TR Fisher, — Jan 1992 - Sept 1992

Senior House Officer Surgical Rotation: **North Staffordshire Royal Infirmary:** — **Feb 1990 - July 1991**

Neurosurgery — Feb 1990 - July 1990
Mr JW Macintosh, Mr DA Campbell

Plastic Surgery — Aug 1990 - Jan 1991
Mr PM Davison, Mr S Srivastava

General Surgery — Feb 1991 - July 1991
Mr J Forrest, Mr TJ Duffy

Manchester Royal Infirmary: — **Aug 1988 - Jan 1990**

Casualty Department — Aug 1988 - Jan 1989
Dr R Morton

Orthopaedic Surgery — Feb 1989 - July 1989
Mr DE Markham, Mr B Maltby,
Mr P Hirst

General Surgery — July 1989 - Jan 1990
Mr I MacLennan, Mr WMcN Orr

Senior Anatomy Demonstrator and Resident Medical Officer: **Liverpool University** and **Grosvenor Nuffield Hospital, Chester** — **Aug 1987 - July 1988**

Surgical House Officer: **Manchester Royal Infirmary** — **Feb 1987 - July 1987**

General Surgery and Urology
Mr TV Taylor, Mr HB Torrance
Mr RNP Carrol, Mr EC Edwards

Medical House Officer: **Blackburn Royal Infirmary** — **Aug 1986 - Jan 1987**

TEACHING EXPERIENCE

Liverpool University Medical School:
Topographical, radiological and surface anatomy to 1st and 2nd year medics and 1st year dentists. 2nd year medical students' regular formal two hour revision tutorials each week.
Prepared many prosections, clinical anatomical self-assessment questions and a 'Liverpool University Teaching Video' on the anatomy of the sole of the foot.

Nuffield Orthopaedic Centre, Professorial Registrar:
Undergraduate medical teaching.
Prepared slides and set all questions (Oxford medical student's final year 'spotter' exam).
Lectured on the orthopaedic nursing ENB course.

Princess Margaret Hospital, Swindon:
Lectured on new MRCS course.

The Queen Elizabeth Hospital, Adelaide, Clinical Tutor:
Undergraduate clinical examination skills teaching.
Junior doctor teaching sessions on basic orthopaedic practical skills.

The University of Plymouth-Associate Lecturer:
I was involved in setting up the course for Surgical Care Practitioners (SCPs) and have been a regular examiner. As well as holding a lecturing contract to deliver teaching sessions I train SCPs in Torbay Hospital as part of their Masters level course.

Teaching and communication skills:

Anatomy demonstrator at Liverpool University Medical School (see above). I attended the AO Instructors Course "Tips for trainers" in March 2002 (equivalent to 'training the trainers', if not more detailed) and have taught on AO courses. I arrange feedback from my tutorial groups in an anonymous written form.

I have attended several communication skills seminars, presentation skills workshops and been evaluated via Doctor's Interpersonal Skills Questionnaire as one of the first group of surgeons in the UK (Torbay orthopaedic dept) to be assessed by this tool. I have taught other consultants communication/education skills on the Educating Consultants Course in the South Devon region**.**

EXAMINING EXPERIENCE

University of Liverpool:
Examiner in all the medical and dental end of term viva-voce and some written examinations. Examiner in the professional 1st MB, marking essay papers and in the professional 2nd BDS viva-voce examination.
I set the majority of the questions used in the 'spotter' for the 1st and 2nd MB and 2nd BDS exam (1988).

Oxford University:
Organisation of final year medical student clinical examination and viva-voce.
I also updated the slides & designed all questions used in the 'spotter' section of the exam.

University of Plymouth:
Masters level examiner, School of Nursing and Midwifery for Surgical Care Practitioner exam.

AUDIT EXPERIENCE

A new system for recording complications- a comparison new versus existing incident reporting system.

Audit of efficacy of frozen section test for managing infection in revision arthroplasty.

National Joint Register audit. AND Hip fracture database audit.

Audit of readmission rate at 30 days.

Audit of LISS plate use/complications.

Audit on accuracy of placement of Hip Templating marker disk on Pelvic radiographs

Component overhang in TKR surgery

Arthroplasty Infection in Torbay departmental audit 2013 & **on-going yearly**

Use of Blood products in Arthroplasty patients post-operatively

Audit of system of remote follow-up for total joint arthroplasty

Audit of nurse led follow-up for total joint arthroplasty

Use of air as contrast in hip injection

Appropriateness of hip cortisone injections requested by extended scope therapists

VISITING OTHER UNITS

Meridian Hospital, Coventry; to observe Symbios pre-operative process	Feb	2017
Mr R Villar; to observe hip arthroscopy Cambridge Nuffield Hospital & Wellington Hospital, London	2004 &	2007
Mr M Norton; to observe hip impingement surgery Cornwall	March	2006
MR R Treacy; to observe Hip Resurfacing Birmingham Nuffield	May	2004
Mr D Woodnutt; to observe trabecular metal acetabular usage Moriston Hospital, Swansea	Dec	2003
Dr A Lombardi; to observe comprehensive Team Approach for Arthroplasty of Hip & Knee Grant Med Centre, Columbus, Ohio	Dec	2002

POSTGRADUATE COURSES ATTENDED

British Orthopaedic Association Annual Meeting (incl Medico-legal update) Liverpool	Sept	2025
Legal Training Consultancy – Clinical negligence Update Online attendance	Feb	2025
Expert Witness Institute – Expert evidence in court Online attendance	Nov	2024
Legal Training Consultancy – Clinical negligence Update Online attendance	July	2024
Girdlestone Orthopaedic Society Meeting Italy	May	2024
Bond Solon Annual Expert Witness Conference Online attendance	Nov	2023
British Orthopaedic Association Annual Meeting (incl Medico-legal update) Liverpool	Sept	2023
Iconic Media Solutions SpecialistInfo - Expert Witness Conference Online attendance	June	2023
British Association for Surgery of the Knee (BASK) Annual Meeting Online attendance	May	2023
Expert Witness Institute – Confidence in the courtroom Online attendance	Feb	2023
Bond Solon Annual Expert Witness Conference Online attendance	Nov	2021
British Orthopaedic Association Annual Meeting (incl Medico-legal update) Aberdeen	Sept	2021
Bond Solon Annual Expert Witness Conference London	Nov	2021
British Orthopaedic Association Medico-legal aspects of T&O care in the COVID era	Jan	2021
British Orthopaedic Association Annual Meeting Liverpool	Sept	2019
Zimmer-Biomet Trauma update course Lisbon	April	2019
British Association for Surgery of the Knee (BASK) Annual Meeting Brighton	March	2019

BMA Medico-legal conference London	March	2018
SW Knee meeting Yeovil, Somerset	Nov	2018
Heraeus Infection master course in arthroplasty Birmingham	Sept	2018
London knee meeting QEII Centre, London	Oct	2018
British Orthopaedic Association Annual Meeting Liverpool	Sept	2018
London Implant Retrieval Centre 10th Anniversary meeting Royal Society of Medicine, London	Apr	2018
5th S&N Villar Hip Arthroscopy Course Watford	Apr	2017
British Association for Surgery of the Knee (BASK) Annual Meeting Southport	March	2017
Infection in arthroplasty conference Manchester	Feb	2017
Implant Retrieval MoM Meeting London	Nov	2016
Bond Solon Annual Experts meeting London	Nov	2016
Masters in Knee Arthroplasty Rome	Oct	2016
British Orthopaedic Association Annual Meeting Belfast	Sept	2016
South West Orthopaedic Club meeting Grand Hotel, Torquay	June	2016
British Association for Surgery of the Knee (BASK) Annual Meeting Liverpool Conference centre	March	2016
'iCare' EPR training (Mount Stuart system) Tower 42, Docklands, London	Dec	2015
Lima Cadaveric revision hip replacement course Salzburg surgical training Suite	Dec	2015
Appraisal update training Torbay Hospital	Dec	2015

SW UK knee meeting Torbay Hospital	Nov	2015
Visit to Lima Corp implant factory educational tour Udine, Italy	Nov	2015
SpecialistInfo Court room skills medical negligence training London	Oct	2015
South West Orthopaedic Club meeting Sandy Park, Exeter	May	2015
British Association for Surgery of the Knee (BASK) Annual Meeting Telford International Conference centre	March	2015
British Hip Society Annual Meeting Lancaster London Hotel	March	2015
Royal Society of Medicine Trauma symposium, London	Feb	2015
Professional Solutions Ltd **Medical negligence incl Concurrent Medical Evidence (Hot Tubbing)** London	March	2014
Royal Society of Medicine Upper limb trauma conference RSM London	Feb	2014
Team Resource Management Training (Terema) Torbay Hospital	Nov	2014
Invited lecturer SW Regional Anaesthesia meeting Seal Hayne Newton Abbot.	July	2014
Spinal injury update course Derriford Hospital Plymouth	Feb	2014
ATLS Provider course Derriford Hospital @ St Mellion	Jan	2014
Trauma team training (including traumatic cardiac arrest training) Derriford Hospital @ St Mellion	Jan	2014
Girdlestone Orthopaedic Society Meeting Torquay **(I was the Organiser of this international meeting)**	Sept	2013
Key Questions in Knee Surgery Oxford	March	2013
British Hip Society Annual Meeting Bristol	Feb	2013

Advanced Appraisal Training Torbay Hospital Horizon Centre		Oct	2012
Girdlestone Orthopaedic Society Meeting Maceio, Brazil		Sept	2012
Kings Fund Clinical Directors and Lead Clinicians course London	**III**	Feb	2013
Kings Fund Clinical Directors and Lead Clinicians course London	**I & II**	Oct/Dec	2012
Training and Assessment in Practice Torbay Hospital Horizon Centre (For RCS England)		April	2012
Zimmer Cadaveric revision hip replacement course Newcastle Freeman hospital surgical training Suite		Jan	2012
Metal on Metal user group meeting Oxford		Nov	2011
Surgeon/site Visit Lima, Italy		Nov	2011
Core Leadership Skills for Senior Leaders – Optimising teams Medicology @ Torbay Hospital		Oct	2011
Zimmer Trabecular Metal THR/TKR course Oxford		Oct	2011
Core Leadership Skills for Senior Leaders Medicology @ Torbay Hospital		Oct	2011
Lean methodology (in process redesign) Birch Group @ Torbay Hospital		Oct	2011
B Braun Hip fracture Meeting Windsor		May	2011
British Hip Society Annual Meeting Torquay		March	2011
Symbios Hip plan user group meeting Yverdon, Switzerland		Jan	2011
Southwest Hip Arthroscopy focus group Yatton, Nr Bristol		Nov	2010
Conservative Hip Surgery The Royal College of Surgeons of England		June	2010
Sports Hip Surgery Warwick University		June	2010

Southwest Hip Arthroscopy focus group Yatton, Nr Bristol	March	2010
British Association for Surgery of the Knee (BASK) Annual Meeting Oxford	March	2005
British Hip Society Annual Meeting Sheffield	Feb	2010
Stryker Hip Meeting Prague	Feb	2010
Early intervention in hip and knee London – Science Museum	Jan	2010
Synthes Periprosthetic fracture symposium Exeter	June	2009
British Hip Society Annual Meeting Manchester	March	2009
British Hip Society Annual Meeting Norwich	Feb	2008
Advanced interview & equal opportunities workshop Torbay Hospital	Jan	2008
Corail – De Puy Meeting Annecy, France	Oct	2007
London hip meeting Science museum London	Apr	2007
Early intervention in hip and knee London – Science Museum	Jan	2007
Infection in Arthroplasty Verona	Sept	2006
AO ORP course Leeds University Medical School (part of teaching faculty)	July	2006
14th Advances in hip arthroplasty course Algarve	June	2006
AO current concepts course for surgeons Chester	May	2006
AO paediatric course Nottingham	March	2006
South West Orthopaedic Club meeting North Devon	May	2005

Advances in knee surgery London Zoo	May	2005
Edinburgh international trauma symposium Edinburgh	Aug	2005
Consent Torbay hospital	Oct	2005
BASK Annual Meeting Newcastle	March	2005
British Orthopaedic Association Annual Congress Manchester	Sept	2004
Futures and Outcomes in Younger Patients Gleneagles Scotland	Sept	2004
International Hip Arthroscopy Cambridge	July	2004
ALERT course Torbay hospital	May	2004
Instructional Course on Birmingham Hip Replacement Derbyshire Royal Infirmary	Feb	2004
Sports Knee Surgery University of Warwick	Nov	2003
Principles of Operative Fracture Treatment Course for Surgeons Leeds University Medical School (part of teaching faculty)	Jul	2003
Arthroscopy Educational Course East Midland Hilton Hotel	May	2003
Instructional Course on Birmingham Hip Replacement Nuffield Hospital, Birmingham	May	2003
National Joint Register instructional session Exeter	March	2003
Current Concepts in Total Joint Replacement Orlando Florida USA	Dec	2002
Comprehensive Team Approach for arthroplasty of Hip & Knee Grant Med Centre, Columbus, Ohio	Dec	2002
6th Wexham Park Cruciate meeting John Lister Post Graduate Medical Centre, Wexham Park Hospital	Nov	2002
Current issues in Revision Arthroplasty Forrest of Arden Hotel	Oct	2002

British Orthopaedic Association Annl Congress Cardiff International Arena	Sept	2002
Minimally Invasive Percutaneous Plate Osteosynthesis Torbay Hospital	July	2002
Primary Total Hip Replacement Issues and Concepts Marbella, Spain	April	2002
AO Instructors Course "Tips for trainers" Warrington	March	2002
Advances in ACL Reconstruction Warwickshire Nuffield Hospital	Jan	2002
Infection Workshop (BSAC/HISAMM) Bristol	Oct	2001
Edinburgh international Trauma Symposium Edinburgh	Aug	2001
4th Bristol Unicompartmental Arthritis Meeting Southmead Hospital, Bristol	May	2001
Orthofix Sheffield Hybrid Fixator Intensive Seminar Northern General Hospital, Sheffield	April	2001
5th Anterior Cruciate Meeting John Lister Post Graduate Medical Centre, Wexham Park Hospital	Nov	2000
Advanced Exeter Hip Symposium Amsterdam University, Holland	Nov	2000
Report Writing and Expert Evidence Royal Society of Medicine, London	Oct	2000
Oxford Unicompartmental Knee Advanced Course Oxford	June	2000
Educating Consultants Course Dartington	May	2000
International Symposium on Revision Knee Arthroplasty Leysin, Switzerland	Feb	2000
Appointing Doctors, High Wycombe)	May	1999
Clinical/Personnel Assessment Skills (High Wycombe)	June	1999
Current Concepts in Total Joint Replacement Orlando Florida USA	Dec	1999

Current Issues in Total Joint Arthroplasty Hawkwell House Hotel, Oxford	Nov	1997
Royal College of Surgeons 'Orthopaedic Fellowship' - Revision Course University of Bristol/Southmead Hospital	Sept	1997
Management Training for Senior Registrars (3 day course) Magdalen Centre, Oxford	April	1997
Microsoft Computer Courses; Word for Windows & Excel John Radcliffe Hospital Computer Training Department, Oxford	Feb - May	1996
The Clinical Application of Musculoskeletal MRI Nuffield Orthopaedic Centre, Oxford	Sept	1996
Advanced AO Course Nottingham University/Queens Medical Centre	June	1996
4th British Course on Revision Surgery Stratford-upon-Avon	May	1996
Exeter Hip Symposium Princess Elizabeth Orthopaedic Hospital, Exeter	June	1995
Microsurgical Course Northwick Park, London	Nov	1994
Advanced Trauma Life Support (Recommended for instructor training) Nuffield Orthopaedic Centre, Oxford	Aug	1993
The Torn Anterior Cruciate Ligament Windsor Post Graduate Medical Centre	Nov	1992
Basic AO Course Nottingham University/Queens Medical Centre	Sept	1991
Final Fellowship of the Royal College of Surgeons Course University of Keele/North Staffordshire Royal Infirmary	Oct	1990
Highlights in Surgery Royal College of Surgeons of Edinburgh	Nov	1989
North West Anastomosis Workshop University Hospital South Manchester	Oct	1989

SOCIETY MEMBERSHIP

British Orthopaedic Association	(BOA)
British Hip Society Association	(BHS)
British Association for Surgery of the Knee	(BASK)
Girdlestone Orthopaedic Society	(GOS)
Member of The Expert Witness Institute	(MEWI)
Faculty of Expert Witnesses	(FEW)

QUALITY IMPROVEMENT WORK

HOSP @ DAY Successful implementation new practices, no detriment on T&O productivity.

EMERGENCY SERVICES GROUP & ACUTE TAKE LEAD - I wrote Torbay T&O patient pathway, deviations analysed by root cause analysis. Delivered - increased A&E capacity to achieve target by commissioning

VIRTUAL FRACTURE CLINIC/TRAUMA TRIAGE introduced by me as manager, implemented successfully and winning award. **33** hours per month saved since introduction, 30% directly discharged.

6 WEEK OUTREACH FOLLOW UP hip/knee arthroplasty. Successful implementation new working practices.

12 MONTH VIRTUAL FOLLOW UP of hip/knee arthroplasty. Successful implementation of new working practices.

NATIONAL & REGIONAL QI Work

My SURGICAL CARE PRACTITIONER (SCP) Training & work on Plymouth University (SCP Masters course) led to invite to join Royal College Surgeons SCP Curriculum working party where I co-authored the new NHS SCP Curriculum Framework

AUTHOR OF NHS/ROYAL COLLEGE OF SURGEONS DOCUMENT

Co-Author of NHS Curriculum Framework document for the Surgical Care Practitioner (2014)
http://accreditation.rcseng.ac.uk/pdf/SCP%20Curriculum%20Framework%202014.pdf

PUBLICATIONS

M Ashworth, M Pollard and Sigrid C Rutishauser:
Hepatic Extraction of Amiloride in Guinea Pigs: Its Inhibition by Choline.
J. Physiol. 1984; 348, 36P.

M Ashworth, M Pollard and Sigrid C Rutishauser:
Effects of the Replacement of perfusate Sodium by Lithium on Bile Secretion in the Isolated Perfused Guinea Pig Liver.
J. Physiol. 1984; 349, 72P.

M J Ashworth and T H Meadows:
Isolated Tuberculosis of a Skeletal Muscle.
The Journal of Hand Surgery. 1992; 17B, 235.

J R Wootton, C A N McLaren and **M J Ashworth**:
Neurological Complications of High Tibial Osteotomy - The Fibular Osteotomy as a Causative Factor.
Ann R Coll surg Engl. 1995; 77: 31-34

M J Ashworth, M Davies and D M Williamson:
Irreducible Lisfranc's Injury- The 'Toe-up' Sign
Injury. 1997; 28: 321-322

M J Ashworth and J Dove:
Dislodgement of the femoral component of a total hip replacement - Presenting through the buttock
The Journal of Arthroplasty. 1997; 12: 589-590
M J Ashworth and N Patel:
Compartment Syndrome Following Ankle Fracture Dislocation - A Case Report
J Orthop Trauma. 1998, 12: 67-68

M J Ashworth and N Patel:
Compartment Syndrome Following Ankle Fracture Dislocation - A Case Report
Foot & Ankle International 1998, 19: 783 (Abstract)

M Ashworth
Tuberculous abscess of the arm.
J Bone Joint Surg Am. 2000 Mar; 82(3):446.

J Kitson and **M J Ashworth**:
Meralgia Paraesthetica- A Complication of a Patient Positioning Device
JBJS 2002 84B (4): 589-590

Chatterji U, **Ashworth MJ**, Lewis PL, Dobson PJ.
Effect of total hip arthroplasty on recreational and sporting activity.
ANZ J Surg. 2004 Jun; 74(6):446-9.

Chatterji U, **Ashworth MJ**, Lewis PL, Dobson PJ.
Effect of total knee arthroplasty on recreational sporting activity
ANZ J Surg 2005 Jun; 75 (6):405-8

HU Ahmed, C Kellett, **M Ashworth**, S Nazir.
First aid and cardiopulmonary resuscitation training for medical students.
Med Educ. 2004 Aug; 38 (8): 913

Chatterji U, **Ashworth MJ,** Smith AL, Brewster N, Lewis PL.
Retrieval study of tibial baseplate fracture after total knee arthroplasty.
J Arthroplasty. 2005 Jan; 20(1):101-7.

R J Poulter, **M J Ashworth**
A case of dissociation of polyethylene from its baseplate in a one piece compression moulded AGC tibial component
Knee 2005 Jun; 12(3):243-244.

DG Campbell, WW Duncan, **M Ashworth,** A Mintz, J Stirling, L Wakefield, TM Stevenson
Patellar resurfacing in total knee replacement- A ten-year randomised prospective trial
J Bone Joint Surg [Br] 2006; 88-B (6); 734-739

P Mukherjee, **M Ashworth**
Knee Arthroscopy: 1ml syringe as an outflow cannula
Ann R Coll Eng 2006; 88: 321

Rajeev Verma, **Mark Ashworth**
Innovative way of taking bone graft from the femoral head
Ann R Coll Eng 2006; 88: 416

P Mukherjee, **M Ashworth**
Use of 2nd Locking Compression Plate as a Jig in Percutaneous Screw Insertion
Techniques in Orthopaedics 2006; 21(4):375,

R.J. Poulter, **M.J. Ashworth**,
Concomitant ipsilateral subcapital and intertrochanteric fractures of the femur
Injury Extra (2007) 38, 88-89, doi:10.1016/j.injury.2006.07.054

O Adenugba, **MJ Ashworth**
Cement restriction in dynamic hip screw revisions: a cost effective technique
Ann R Coll Surg Engl 2007; 89: 178

M Kassim, SK Pai, **M Ashworth**
The world's longest instrument – an aid to acetabular cup extraction in revision hip surgery
Ann R Coll Surg Engl 2008; 90: 168

Pavel Mukherjee, **Mark J. Ashworth**:
Metallosis in an apparently well fixed total knee replacement:
The Internet Journal of Orthopedic Surgery. 2008; Volume 9, Number 1.

Mencia MM, **Ashworth MJ**
Lateral Meniscal Injury after a Successful Medial Unicompartmental Knee Arthroplasty
J Arthroplasty. 2009 Feb 19. [Epub ahead of print]

P. Mukherjee, **M. J. Ashworth**:
A new device to treat intra-capsular fracture neck of femur non-union
Strat Traum Limb Recon. 2010. 5:159-162

Thomas Law, Andrew Roberton, **Mark Ashworth**
Mis-seating of trident ceramic acetabular liners:
A 6-year audit of incidence and revision rate in South Devon, UK
Hip Int 2015; 25 (Suppl 1): S2-S59

Blake SM, **Ashworth M**.
The modified spacer for first stage revision hip arthroplasty.
Ann R Coll Surg Engl. 2016 Jan; 98(1):70-1.

Awad A, Reynolds PM, **Ashworth M**.
Ann R Coll Surg Engl. 2017 Nov; 99(8):662.
Air as contrast media for hip arthrogram.

Mark Williams, Clare Taylor, Ashraf Awad, Michael Hockings, **Mark Ashworth**
Nurse-led follow up replaces consultant outpatient clinic.
British Journal of Healthcare Management 2018 Vol 24 No 4:191-7

Williams M, Ng M, **Ashworth M**.
What is the incidence of inadvertent hypothermia in elderly hip fracture patients and is this associated with increased readmissions and mortality?
J Orthop. 2018 May 7; 15(2):624-629

Williams M.**, Ashworth M.**
An operative technique for psoas impingement following total hip arthroplasty: a case series of day case, extra articular, arthroscopic psoas tenotomy.
Arch Orthop Trauma Surg. 2019 Feb; 139(2):211-216
https://doi.org/10.1007/s00402-018-3029-3

PRESENTATIONS/POSTERS

GP Training day Buckfast Abbey	Dec	2019
SW Knee meeting Yeovil Dorsal defect of patella	Nov	2018
South west Orthopaedic club spring meeting Cornwall Early community follow-up for total joint arthroplasty: a safe and cost-effective system (presented by A Roberton)	May	2017
British Hip Society Annual Meeting London Nurse-led Outreach Services for Hip and Knee Total Joint Arthroplasty – a novel approach to 6-week follow-up system (presented by M Williams)	March	2017
Southwest Orthopaedic club spring meeting Torquay Day case extra-articular arthroscopic psoas tendon division, following total hip Arthroplasty. Proof of concept.	June	2016
International Combined Meeting British Hip Society & **Società Italiana dell'Anca (BHS &SIdA),** Milan, Italy Mis-seating of Trident Ceramic Acetabular Liners (presented by T Law)	Nov	2015
South West Orthopaedic Club meeting Sandy Park, Exeter – 1 Outcome of hip resurfacing (presented by E Mathews) 2 Mis-seating of Trident Ceramic Liner (presented by T Law)	May	2015

Invited lecturer SW Regional Anaesthesia meeting Seal Hayne Newton Abbot. Debate **winner**- against the use of regional anaesthesia, where compartment syndrome is possible	July	2014
Girdlestone Orthopaedic Society Annual Academic Meeting Torquay Main Organiser of International Meeting and presentations given	Sept	2013
British Orthopaedic Directors Society Invited lecturer UCH London	May	2013
Girdlestone Orthopaedic Association Invited lecturer – international conference (Maceio, Brasil)	June	2011
EFORT - Assessing FAI on Plain Radiographs Free paper presentation, Berlin (By A Awad)	May	2012
Girdlestone Orthopaedic Association Invited lecturer – international conference (Oxford)	June	2011
SW UK Hip Arthroscopy meeting Bristol (Organiser and chair of meeting)	June	2011
A new arthroscopic approach to Psoas release after THR Southwest Hip Arthroscopy focus group Yatton, Nr Bristol	March	2010
Cables, plates and onlay grafts Invited lecturer – Synthes periprosthetic international fracture symposium, Exeter	June	2009
Femoro-Acetabular Impingement – **A Novel Method for Measuring the Alpha Angle on PACS** **Poster at** British Hip Society, Norwich	Feb	2008
Frozen Section in Revision Joint Replacement **Poster at** Riviera Research Day, Torquay	Nov	2007
Fracture Classification, AO Screw insertion and DHS insertion To **AO course** in operative fracture management for ORP's Leeds University Medical School (part of teaching faculty)	July	2006
Return to sport after TKR To the World congress in orthopaedic sports trauma Gold Coast Australia (by Dr P Lewis co-worker)	Sept	2000
Cervical Spinal Trauma To the Oxford Orthopaedic Postgraduate Training Programme	Jan	1997
The Use of Ultrasound Guided Aspiration in Irritable Hip Syndrome At the Oxford Orthopaedic Research Seminar	Dec Oct	1997 1995

The Tension Band Principle Sept 1995
To the Oxford Orthopaedic Postgraduate Training Programme

Mechanism for Vertebral Rotation in Scoliosis June 1994
Joint work presented by Mr J Wilson MacDonald (1994 ABC Fellow)
To the American Orthopaedic Association 107th Annual Meeting, Idaho

Prospective Study on Thrombo-Embolic Prophylaxis in THR- Sept 1993
Using Light Reflected Rheology
A Poster at **"Eurosurgery" 1993**, The Royal Festival Hall, London

Kienbock's Disease Aug 1993
To the East Berkshire Orthopaedic Postgraduate Training Programme May 1992
and to The North Staffordshire Postgraduate Training Programme

Neurological Complications of High Tibial Osteotomy- Dec 1992
Is the Fibula to Blame?
To The 'Short Paper- Prize Meeting' St. Mary's Hospital, London

Below Knee Amputation- March 1991
Using a Composite Vascularised Distal Tibial Transfer
To the Wordsley Mercian Prize Meeting of West Midlands Plastic and Oral Surgeons

CAREER

I enjoyed an NHS a consultant post where I performed both trauma and orthopaedic roles (start date 1st August 1999). I am now partly retired (February 2022) but work as a 'bank worker' at Torbay hospital 'as needed'. I continue treating NHS and Private patients in my Consultant role in Mount Stuart Hospital.

I was the Clinical Director of the Trauma and Orthopaedic Department at Torbay Hospital from 2010 -13 and Deputy Clinical Director from 2013-2016.

I have been heavily involved in the surgical Care Practitioner training in Torbay Hospital, and involved in both setting up and examining on the Plymouth University Surgical Care Practitioner (SCP) Masters Level course. I was a panel member as the Orthopaedic representative for the updated Curriculum Framework for the SCP (2014) at the Royal College of Surgeons; I am co-author of the Curriculum Framework document http://accreditation.rcseng.ac.uk/pdf/SCP%20Curriculum%20Framework%202014.pdf

My main orthopaedic interest is lower limb endoprosthetic surgery, both primary and revision. I also have considerable experience in hip impingement surgery. To compliment my understanding of knee arthroscopy I have further developed my skills in arthroscopy of the hip and perform arthroscopic and open hip impingement surgery.

SPORTS/INTERESTS

Sports:	Tennis, padel, golf, skiing & cycling. Previously squash played at club level in the first division of the 'Oxfordshire League', Junior County and University standard.
Other interests:	Cycled 1,000 miles from John O'Groats to Land's End 2011, raising £4,000 for Torbay Hospital League of Friends' charity. SCUBA diving: -'Advanced Open Water Deep Diving Licence' (P.A.D.I.). I participate in water sports incl. skiing and yacht sailing. I have RYA Powerboat level 2 licence as well as the Day Skipper qualification. (Previously I was the owner of a 29' yacht and speedboat) Fell Walking: - In Wales, the Lake District & Dartmoor
Computers:	Advanced training on Microsoft Word for windows & Excel. I am computer literate and using the 'Excel' spreadsheet I have produced two separate computerised on-call rotas for different hospitals. I have also designed a computerised operative logbook. I designed and produced my own web site www.hipandkneepain.org
DIY:	Planned and supervised renovation of large 1895 Victorian villa. Built summer house. Renovated 150 year old Victorian cottage myself. Previously, with my father, built a dinghy, cabin cruiser and swimming pool.