

# Academic CURRICULUM VITAE

**Mark Julian Ashworth**

**F R C S (Orth)**

**Consultant Orthopaedic Surgeon**

**Specialising in**

**Hip and Knee Arthritis Surgery  
(Primary and Revision Arthroplasty),  
Hip Arthroscopy,  
Arthroscopic and Sports Surgery of the Knee**

## PERSONAL DETAILS

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**Name:** Mark Ashworth

**Address:** Derwent Hill  
Greenway Rd  
Torquay  
TQ2 6JE

**Nationality:** British

**Marital Status:** Married

**Date of Birth:** 6 July 1962

**General Medical Council Number:** Full Registration Number 3166925

**CCST Date:** 31<sup>st</sup> March 1999

**Education:** Scarisbrick Hall School, Ormskirk, England 1972 - 1980  
The Victoria University of Manchester, England 1980 - 1986

**Academic Qualifications:** Physiology BSc Hon's. 2 (1) 1983  
MB ChB, The Victoria University of Manchester 1986  
Primary FRCS, Glasgow 1988  
Fellow of the Royal College of Surgeons of England 1991  
Intercollegiate Speciality Examination in Orthopaedic Surgery 1997

**Academic Distinctions:** 2nd MB: Physiology (Hons), Biochemistry (Hons) 1982  
3rd MB: Microbiology (Distinction) 1984

**Committee Membership:** Girdlestone Memorial Library Committee  
Nuffield Orthopaedic Centre, Oxford 1994 - 1996  
Electronic Patient record Shires **consortium board** member 2002 - 2003  
Electronic Patient record SDHC board member 2002 - 2003

**Sporting Achievements:** Manchester University Cap: Squash Team 1983 & 1984

## CURRENT APPOINTMENT

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**Consultant Orthopaedic Surgeon:** **Mount Stuart Hospital** **Aug 1999- to date**  
**Torquay**  
Hip and Knee Arthritis Surgery- (Primary and Revision Arthroplasty), Hip Arthroscopy, Arthroscopic and Sports Surgery of the Knee.

**Consultant Orthopaedic Surgeon:** **Torbay Hospital (bank worker)** **Aug 1999- to date**  
**Torquay**  
Hip and Knee Arthritis Surgery- (Primary and Revision Arthroplasty), Hip Arthroscopy, Arthroscopic and Sports Surgery of the Knee. Orthopaedic trauma surgery

**Associate Lecturer, University of Plymouth** **2019 - 2020**  
**Examiner at Masters Level University of Plymouth** **2010, 2016 & 2019**

## PREVIOUS APPOINTMENTS

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**Honorary Clinical Fellow Plymouth University** **2017- 2018**

**Clinical Director T & O Department** **Torbay Hospital** **Oct 2010- Oct 2013**  
**Torquay**

**Specialist Registrar Oxford Rotation:** **Wycombe General Hospital,** **Feb 1999–June 1999**  
**High Wycombe**

**General Orthopaedic and Trauma Surgery**  
Mr A Fernandez

**Lower Limb Arthroplasty and Arthroscopy Fellow:** **Wakefield Orthopaedic Clinic,** **July 1998-Jan 1999**  
**Adelaide, South Australia**

SAC Approved Fellowship in Lower Limb Arthroplasty  
**Arthroscopic and Sports Surgery:-**

**Hip and Knee Arthritis Surgery**  
(Primary & Revision Endoprosthetic Surgery)  
Mr P Lewis

**Sports Surgery, Hip & Knee Arthritis Surgery**  
Mr P Dobson, Mr K Angel

**Clinical Tutor:** **The Queen Elizabeth Hospital,** **Jan 1998-June 1998**  
**Adelaide, South Australia**

SAC Approved Fellowship in Lower Limb Arthroplasty  
**Arthroscopic and Sports Surgery:-**

**General Orthopaedic, Hip and Knee Arthritis Surgery**  
Associate Professor R Bauze

**Hip and Knee Arthritis Surgery**  
(Primary & Revision Endoprosthetic Surgery)  
Mr P Lewis, Mr G Morrison

**Sports Surgery and Hip & Knee Arthritis Surgery**  
Mr A Spriggins

**Specialist Registrar**  
**Oxford Rotation:**

**Nuffield Orthopaedic Centre, Oxford**  
**Elective Orthopaedic Surgery**

**June 1997 - Dec 1997**

**Hip and Knee Osteoarthritis and Rheumatoid Arthritis Surgery**  
(Including Primary & Revision Arthroplasty Surgery)  
Mr R Gundle

**Knee Surgery** (Including Ligament Reconstruction Surgery)  
Mr C A Dodd

**Specialist Registrar**  
**Oxford Rotation:**

**John Radcliffe Hospital, Oxford**  
**Trauma Orthopaedic Surgery**

**Jan 1997 - June 1997**

Mr (now Prof) K Willett, Mr C Bulstrode,  
Mr R Handley, Mr P Burge,  
Mr P H Worlock, Mr G P Wilde,  
Mr J Fairbank, Mr J Wilson MacDonald

**Specialist Registrar**  
**Oxford Rotation:**

**Princess Margaret Hospital, Swindon**  
**Trauma and ELECTIVE ORTHOPAEDIC Surgery**

**Jan 1996 - Dec 1996**

**Hand & Upper Limb** Jan 1996 - March 1996  
Mr I M R Lowdon

**Knee & spinal surgery** April 1996 - June 1996  
Mr A J B Fogg

**Hip & knee revision arthroplasty surgery** July 1996 - Sept 1996  
Mr J P Ivory

**Paediatric orthopaedic surgery** Oct 1996 - Dec 1996  
Mr D M Williamson

<b>Career Registrar Oxford Rotation:</b>	<u><b>John Radcliffe Hospital, Oxford</b></u> <b>Trauma Orthopaedic Surgery</b>	<b>July 1995 - Dec 1995</b>
	Mr P H Worlock, Mr G P Wilde, Mr (now Prof) K Willett Mr J Fairbank, Mr J Wilson MacDonald, Mr R Handley, Mr P Burge, Mr C Bulstrode,	
<b>Career Registrar Oxford Rotation:</b>	<u><b>Nuffield Orthopaedic Centre, Oxford</b></u> <b>Elective Orthopaedic Surgery</b>	<b>Jan 1994 - June 1995</b>
	<b>Spinal Surgery</b>	Jan 1994 - June 1994
	Mr J Fairbank, Mr J Wilson MacDonald	
	<b>Hip and Knee Arthritis Surgery (Primary &amp; Revision Arthroplasty Surgery)</b>	July 1994 - Dec 1994
	Mr P McLardy-Smith	
	<b>Bone infection &amp; Limb Lengthening and General Orthopaedic Surgery</b>	Jan 1995 - June 1995
	Prof. J Kenwright, Mr A H R W Simpson Mr D Murray	
<b>Career Registrar Oxford Rotation:</b>	<u><b>John Radcliffe Hospital, Oxford</b></u> <b>Trauma Orthopaedic Surgery</b>	<b>Oct 1993 - Dec 1993</b>
	Mr P Burge, Mr J Fairbank Mr J Wilson MacDonald Mr C Bulstrode	
<b>Career Registrar Oxford Rotation:</b>	<u><b>Windsor Group of Hospitals</b></u>	<b>Oct 1992 - Sept 1993</b>
	<u><b>Wexham Park Hospital, Slough</b></u> <b>Trauma Orthopaedic Surgery</b>	Oct 1992 - March 1993
	<b>Knee ligament &amp; Arthroscopy</b>	
	Mr RA Allum, Mr G Deane,	
	<u><b>Heatherwood Hospital, Ascot</b></u>	April 1993 - Sept 1993
	<b>Elective Orthopaedic Surgery</b>	
	Mr M Swann, Mr JR Jones	

<b>Senior SHO Orthopaedic Surgery:</b>	<b><u>North Staffordshire Hospital Complex, Stoke-on-Trent</u></b>	<b>Aug 1991 - Sept 1992</b>
	<b><u>North Staffordshire Royal Infirmary Trauma Orthopaedic Surgery</u></b>	
	Prof. J Templeton, Mr CH Wynn-Jones, Mr PBM Thomas, Mr DE Edwards	Aug 1991 - Dec 1991
	<b><u>Hartshill Orthopaedic Hospital Elective Orthopaedic Surgery</u></b>	
	Mr CH Wynn-Jones Mr WM Steel, Mr J Dove, Mr TR Fisher,	Jan 1992 - Sept 1992
<b>Senior House Officer Surgical Rotation:</b>	<b><u>North Staffordshire Royal Infirmary:</u></b>	<b>Feb 1990 - July 1991</b>
	<b>Neurosurgery</b> Mr JW Macintosh, Mr DA Campbell	Feb 1990 - July 1990
	<b>Plastic Surgery</b> Mr PM Davison, Mr S Srivastava	Aug 1990 - Jan 1991
	<b>General Surgery</b> Mr J Forrest, Mr TJ Duffy	Feb 1991 - July 1991
	<b><u>Manchester Royal Infirmary:</u></b>	<b>Aug 1988 - Jan 1990</b>
	<b>Casualty Department</b> Dr R Morton	Aug 1988 - Jan 1989
	<b>Orthopaedic Surgery</b> Mr DE Markham, Mr B Maltby, Mr P Hirst	Feb 1989 - July 1989
	<b>General Surgery</b> Mr I MacLennan, Mr WMcN Orr	July 1989 - Jan 1990
<b>Senior Anatomy Demonstrator and Resident Medical Officer:</b>	<b><u>Liverpool University</u> and <u>Grosvenor Nuffield Hospital, Chester</u></b>	<b>Aug 1987 - July 1988</b>
<b>Surgical House Officer:</b>	<b><u>Manchester Royal Infirmary</u></b>	<b>Feb 1987 - July 1987</b>
	<b>General Surgery and Urology</b> Mr TV Taylor, Mr HB Torrance Mr RNP Carrol, Mr EC Edwards	
<b>Medical House Officer:</b>	<b><u>Blackburn Royal Infirmary</u></b>	<b>Aug 1986 - Jan 1987</b>

## TEACHING EXPERIENCE\_\_\_\_\_

### **Liverpool University Medical School:**

Topographical, radiological and surface anatomy to 1st and 2nd year medics and 1st year dentists. 2nd year medical students' regular formal two hour revision tutorials each week.

Prepared many prosections, clinical anatomical self-assessment questions and a 'Liverpool University Teaching Video' on the anatomy of the sole of the foot.

### **Nuffield Orthopaedic Centre, Professorial Registrar:**

Undergraduate medical teaching.

Prepared slides and set all questions (Oxford medical student's final year 'spotter' exam).

Lectured on the orthopaedic nursing ENB course.

### **Princess Margaret Hospital, Swindon:**

Lectured on new MRCS course.

### **The Queen Elizabeth Hospital, Adelaide, Clinical Tutor:**

Undergraduate clinical examination skills teaching.

Junior doctor teaching sessions on basic orthopaedic practical skills.

### **The University of Plymouth-Associate Lecturer:**

I was involved in setting up the course for Surgical Care Practitioners (SCPs) and have been a regular examiner. As well as holding a lecturing contract to deliver teaching sessions I train SCPs in Torbay Hospital as part of their Masters level course.

### **Teaching and communication skills:**

Anatomy demonstrator at Liverpool University Medical School (see above). I attended the AO Instructors Course "Tips for trainers" in March 2002 (equivalent to 'training the trainers', if not more detailed) and have taught on AO courses. I arrange feedback from my tutorial groups in an anonymous written form.

I have attended several communication skills seminars, presentation skills workshops and been evaluated via Doctor's Interpersonal Skills Questionnaire as one of the first group of surgeons in the UK (Torbay orthopaedic dept) to be assessed by this tool. I have taught other consultants communication/education skills on the Educating Consultants Course in the South Devon region.

## EXAMINING EXPERIENCE\_\_\_\_\_

### **University of Liverpool:**

Examiner in all the medical and dental end of term viva-voce and some written examinations. Examiner in the professional 1st MB, marking essay papers and in the professional 2nd BDS viva-voce examination.

I set the majority of the questions used in the 'spotter' for the 1st and 2nd MB and 2nd BDS exam (1988).

### **Oxford University:**

Organisation of final year medical student clinical examination and viva-voce.

I also updated the slides & designed all questions used in the 'spotter' section of the exam.

### **University of Plymouth:**

Masters level examiner, School of Nursing and Midwifery for Surgical Care Practitioner exam.

## AUDIT EXPERIENCE

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A new system for recording complications- a comparison new versus existing incident reporting system.

Audit of efficacy of frozen section test for managing infection in revision arthroplasty.

National Joint Register audit. AND Hip fracture database audit.

Audit of readmission rate at 30 days.

Audit of LISS plate use/complications.

Audit on accuracy of placement of Hip Templating marker disk on Pelvic radiographs

Component overhang in TKR surgery

Arthroplasty Infection in Torbay departmental audit 2013 & **on-going yearly**

Use of Blood products in Arthroplasty patients post-operatively

Audit of system of remote follow-up for total joint arthroplasty

Audit of nurse led follow-up for total joint arthroplasty

Use of air as contrast in hip injection

Appropriateness of hip cortisone injections requested by extended scope therapists

## VISITING OTHER UNITS

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<b>Meridian Hospital, Coventry; to observe Symbios pre-operative process</b>	Feb	2017
<b>Mr R Villar; to observe hip arthroscopy</b> Cambridge Nuffield Hospital & Wellington Hospital, London	2004 &	2007
<b>Mr M Norton; to observe hip impingement surgery</b> Cornwall	March	2006
<b>MR R Treacy; to observe Hip Resurfacing</b> Birmingham Nuffield	May	2004
<b>Mr D Woodnutt; to observe trabecular metal acetabular usage</b> Moriston Hospital, Swansea	Dec	2003
<b>Dr A Lombardi; to observe comprehensive Team Approach for Arthroplasty of Hip &amp; Knee</b> Grant Med Centre, Columbus, Ohio	Dec	2002



## POSTGRADUATE COURSES ATTENDED \_\_\_\_\_.

<b>British Orthopaedic Association Annual Meeting (incl Medico-legal update)</b> Liverpool	Sept	2023
<b>Iconic Media Solutions Specialistinfo Expert Witness Conference</b> Online attendance	June	2023
<b>British Association for Surgery of the Knee (BASK) Annual Meeting</b> Online attendance	May	2023
<b>Expert Witness Institute – Confidence in the courtroom</b> Online attendance	Jan	2023
<b>Bond Solon Annual Expert Witness Conference</b> Online attendance	Nov	2021
<b>British Orthopaedic Association Annual Meeting (incl Medico-legal update)</b> Aberdeen	Sept	2021
<b>Bond Solon Annual Expert Witness Conference</b> London	Nov	2021
<b>British Orthopaedic Association</b> Medico-legal aspects of T&O care in the COVID era	Jan	2021
<b>British Orthopaedic Association Annual Meeting</b> Liverpool	Sept	2019
<b>Zimmer-Biomet Trauma update course</b> Lisbon	April	2019
<b>British Association for Surgery of the Knee (BASK) Annual Meeting</b> Brighton	March	2019
<b>BMA Medico-legal conference</b> London	March	2018
<b>SW Knee meeting</b> Yeovil, Somerset	Nov	2018
<b>Heraeus Infection master course in arthroplasty</b> Birmingham	Sept	2018
<b>London knee meeting</b> QEII Centre, London	Oct	2018
<b>British Orthopaedic Association Annual Meeting</b> Liverpool	Sept	2018
<b>London Implant Retrieval Centre 10<sup>th</sup> Anniversary meeting</b> Royal Society of Medicine, London	Apr	2018

<b>5<sup>th</sup> S&amp;N Villar Hip Arthroscopy Course</b> Watford	Apr	2017
<b>British Association for Surgery of the Knee (BASK) Annual Meeting</b> Southport	March	2017
<b>Infection in arthroplasty conference</b> Manchester	Feb	2017
<b>Implant Retrieval MoM Meeting</b> London	Nov	2016
<b>Bond Solon Annual Experts meeting</b> London	Nov	2016
<b>Masters in Knee Arthroplasty</b> Rome	Oct	2016
<b>British Orthopaedic Association Annual Meeting</b> Belfast	Sept	2016
<b>South West Orthopaedic Club meeting</b> Grand Hotel, Torquay	June	2016
<b>British Association for Surgery of the Knee (BASK) Annual Meeting</b> Liverpool Conference centre	March	2016
<b>'iCare' EPR training (Mount Stuart system)</b> Tower 42, Docklands, London	Dec	2015
<b>Lima Cadaveric revision hip replacement course</b> Salzburg surgical training Suite	Dec	2015
<b>Appraisal update training</b> Torbay Hospital	Dec	2015
<b>SW UK knee meeting</b> Torbay Hospital	Nov	2015
<b>Visit to Lima Corp implant factory educational tour</b> Udine, Italy	Nov	2015
<b>SpecialistInfo Court room skills medical negligence training</b> London	Oct	2015
<b>South West Orthopaedic Club meeting</b> Sandy Park, Exeter	May	2015
<b>British Association for Surgery of the Knee (BASK) Annual Meeting</b> Telford International Conference centre	March	2015
<b>British Hip Society Annual Meeting</b> Lancaster London Hotel	March	2015

<b>Royal Society of Medicine</b> Trauma symposium, London	Feb	2015
<b>Professional Solutions Ltd</b> <b>Medical negligence incl Concurrent Medical Evidence (Hot Tubbing)</b> London	March	2014
<b>Royal Society of Medicine Upper limb trauma conference</b> RSM London	Feb	2014
<b>Team Resource Management Training (Terema)</b> Torbay Hospital	Nov	2014
<b>Invited lecturer SW Regional Anaesthesia meeting</b> Seal Hayne Newton Abbot.	July	2014
<b>Spinal injury update course</b> Derriford Hospital Plymouth	Feb	2014
<b>ATLS Provider course</b> Derriford Hospital @ St Mellion	Jan	2014
<b>Trauma team training (including traumatic cardiac arrest training)</b> Derriford Hospital @ St Mellion	Jan	2014
<b>Girdlestone Orthopaedic Society Meeting</b> Torquay ( <b><u>I was the Organiser of this international meeting</u></b> )	Sept	2013
<b>Key Questions in Knee Surgery</b> Oxford	March	2013
<b>British Hip Society Annual Meeting</b> Bristol	Feb	2013
<b>Advanced Appraisal Training</b> Torbay Hospital Horizon Centre	Oct	2012
<b>Girdlestone Orthopaedic Society Meeting</b> Maceio, Brazil	Sept	2012
<b>Kings Fund Clinical Directors and Lead Clinicians course</b> III London	Feb	2013
<b>Kings Fund Clinical Directors and Lead Clinicians course</b> I & II London	Oct/Dec	2012
<b>Training and Assessment in Practice</b> Torbay Hospital Horizon Centre (For RCS England)	April	2012
<b>Zimmer Cadaveric revision hip replacement course</b> Newcastle Freeman hospital surgical training Suite	Jan	2012

<b>Metal on Metal user group meeting</b> Oxford	Nov	2011
<b>Surgeon/site Visit</b> Lima, Italy	Nov	2011
<b>Core Leadership Skills for Senior Leaders – Optimising teams</b> Medicology @ Torbay Hospital	Oct	2011
<b>Zimmer Trabecular Metal THR/TKR course</b> Oxford	Oct	2011
<b>Core Leadership Skills for Senior Leaders</b> Medicology @ Torbay Hospital	Oct	2011
<b>Lean methodology (in process redesign)</b> Birch Group @ Torbay Hospital	Oct	2011
<b>B Braun Hip fracture Meeting</b> Windsor	May	2011
<b>British Hip Society Annual Meeting</b> Torquay	March	2011
<b>Symbios Hip plan user group meeting</b> Yverdon, Switzerland	Jan	2011
<b>Southwest Hip Arthroscopy focus group</b> Yatton, Nr Bristol	Nov	2010
<b>Conservative Hip Surgery</b> The Royal College of Surgeons of England	June	2010
<b>Sports Hip Surgery</b> Warwick University	June	2010
<b>Southwest Hip Arthroscopy focus group</b> Yatton, Nr Bristol	March	2010
<b>British Association for Surgery of the Knee (BASK) Annual Meeting</b> Oxford	March	2005
<b>British Hip Society Annual Meeting</b> Sheffield	Feb	2010
<b>Stryker Hip Meeting</b> Prague	Feb	2010
<b>Early intervention in hip and knee</b> London – Science Museum	Jan	2010
<b>Synthes Periprosthetic fracture symposium</b> Exeter	June	2009

<b>British Hip Society Annual Meeting</b> Manchester	March	2009
<b>British Hip Society Annual Meeting</b> Norwich	Feb	2008
<b>Advanced interview &amp; equal opportunities workshop</b> Torbay Hospital	Jan	2008
<b>Corail – De Puy Meeting</b> Annecy, France	Oct	2007
<b>London hip meeting</b> Science museum London	Apr	2007
<b>Early intervention in hip and knee</b> London – Science Museum	Jan	2007
<b>Infection in Arthroplasty</b> Verona	Sept	2006
<b>AO ORP course</b> Leeds University Medical School (part of teaching faculty)	July	2006
<b>14<sup>th</sup> Advances in hip arthroplasty course</b> Algarve	June	2006
<b>AO current concepts course for surgeons</b> Chester	May	2006
<b>AO paediatric course</b> Nottingham	March	2006
<b>South West Orthopaedic Club meeting</b> North Devon	May	2005
<b>Advances in knee surgery</b> London Zoo	May	2005
<b>Edinburgh international trauma symposium</b> Edinburgh	Aug	2005
<b>Consent</b> Torbay hospital	Oct	2005
<b>BASK Annual Meeting</b> Newcastle	March	2005
<b>British Orthopaedic Association Annual Congress</b> Manchester	Sept	2004

<b>Futures and Outcomes in Younger Patients</b> Gleneagles Scotland	Sept	2004
<b>International Hip Arthroscopy</b> Cambridge	July	2004
<b>ALERT course</b> Torbay hospital	May	2004
<b>Instructional Course on Birmingham Hip Replacement</b> Derbyshire Royal Infirmary	Feb	2004
<b>Sports Knee Surgery</b> University of Warwick	Nov	2003
<b>Principles of Operative Fracture Treatment Course for Surgeons</b> Leeds University Medical School (part of teaching faculty)	Jul	2003
<b>Arthroscopy Educational Course</b> East Midland Hilton Hotel	May	2003
<b>Instructional Course on Birmingham Hip Replacement</b> Nuffield Hospital, Birmingham	May	2003
<b>National Joint Register instructional session</b> Exeter	March	2003
<b>Current Concepts in Total Joint Replacement</b> Orlando Florida USA	Dec	2002
<b>Comprehensive Team Approach for arthroplasty of Hip &amp; Knee</b> Grant Med Centre, Columbus, Ohio	Dec	2002
<b>6<sup>th</sup> Wexham Park Cruciate meeting</b> John Lister Post Graduate Medical Centre, Wexham Park Hospital	Nov	2002
<b>Current issues in Revision Arthroplasty</b> Forrest of Arden Hotel	Oct	2002
<b>British Orthopaedic Association Annl Congress</b> Cardiff International Arena	Sept	2002
<b>Minimally Invasive Percutaneous Plate Osteosynthesis</b> Torbay Hospital	July	2002
<b>Primary Total Hip Replacement Issues and Concepts</b> Marbella, Spain	April	2002
<b>AO Instructors Course "Tips for trainers"</b> Warrington	March	2002
<b>Advances in ACL Reconstruction</b> Warwickshire Nuffield Hospital	Jan	2002

<b>Infection Workshop (BSAC/HISAMM)</b> Bristol	Oct	2001
<b>Edinburgh international Trauma Symposium</b> Edinburgh	Aug	2001
<b>4<sup>th</sup> Bristol Unicompartmental Arthritis Meeting</b> Southmead Hospital, Bristol	May	2001
<b>Orthofix Sheffield Hybrid Fixator Intensive Seminar</b> Northern General Hospital, Sheffield	April	2001
<b>5<sup>th</sup> Anterior Cruciate Meeting</b> John Lister Post Graduate Medical Centre, Wexham Park Hospital	Nov	2000
<b>Advanced Exeter Hip Symposium</b> Amsterdam University, Holland	Nov	2000
<b>Report Writing and Expert Evidence</b> Royal Society of Medicine, London	Oct	2000
<b>Oxford Unicompartmental Knee Advanced Course</b> Oxford	June	2000
<b>Educating Consultants Course</b> Dartington	May	2000
<b>International Symposium on Revision Knee Arthroplasty</b> Leysin, Switzerland	Feb	2000
<b>Appointing Doctors,</b> High Wycombe)	May	1999
<b>Clinical/Personnel Assessment Skills</b> (High Wycombe)	June	1999
<b>Current Concepts in Total Joint Replacement</b> Orlando Florida USA	Dec	1999
<b>Current Issues in Total Joint Arthroplasty</b> Hawkwell House Hotel, Oxford	Nov	1997
<b>Royal College of Surgeons 'Orthopaedic Fellowship' - Revision Course</b> University of Bristol/Southmead Hospital	Sept	1997
<b>Management Training for Senior Registrars (3 day course)</b> Magdalen Centre, Oxford	April	1997
<b>Microsoft Computer Courses; Word for Windows &amp; Excel</b> John Radcliffe Hospital Computer Training Department, Oxford	Feb - May	1996

<b>The Clinical Application of Musculoskeletal MRI</b> Nuffield Orthopaedic Centre, Oxford	Sept	1996
<b>Advanced AO Course</b> Nottingham University/Queens Medical Centre	June	1996
<b>4th British Course on Revision Surgery</b> Stratford-upon-Avon	May	1996
<b>Exeter Hip Symposium</b> Princess Elizabeth Orthopaedic Hospital, Exeter	June	1995
<b>Microsurgical Course</b> Northwick Park, London	Nov	1994
<b>Advanced Trauma Life Support</b> (Recommended for instructor training) Nuffield Orthopaedic Centre, Oxford	Aug	1993
<b>The Torn Anterior Cruciate Ligament</b> Windsor Post Graduate Medical Centre	Nov	1992
<b>Basic AO Course</b> Nottingham University/Queens Medical Centre	Sept	1991
<b>Final Fellowship of the Royal College of Surgeons Course</b> University of Keele/North Staffordshire Royal Infirmary	Oct	1990
<b>Highlights in Surgery</b> Royal College of Surgeons of Edinburgh	Nov	1989
<b>North West Anastomosis Workshop</b> University Hospital South Manchester	Oct	1989

## QUALITY IMPROVEMENT WORK \_\_\_\_\_.

HOSP @ DAY Successful implementation new practices, no detriment on T&O productivity.

EMERGENCY SERVICES GROUP & ACUTE TAKE LEAD - I wrote Torbay T&O patient pathway, deviations analysed by root cause analysis. Delivered - increased A&E capacity to achieve target by commissioning

EAU 3 & 4 'consistently achieves' (SDHCFT publication)

VIRTUAL FRACTURE CLINIC/TRAUMA TRIAGE introduced by me as manager, implemented successfully and winning award. **33** hours per month saved since introduction, 30% directly discharged.

6 WEEK OUTREACH FOLLOW UP of hip/knee arthroplasty. Successful implementation new working practices

12 MONTH VIRTUAL FOLLOW UP of hip/knee arthroplasty. Successful implementation of new working practices



## NATIONAL & REGIONAL QI Work \_\_\_\_\_.

My SURGICAL CARE PRACTITIONER (SCP) Training & work on Plymouth University (SCP Masters course) led to invite to join Royal College Surgeons SCP Curriculum working party where I co-authored the new NHS SCP Curriculum Framework

## SOCIETY MEMBERSHIP \_\_\_\_\_.

British Orthopaedic Association	(BOA)
British Hip Society Association	(BHS)
British Association for Surgery of the Knee	(BASK)
Girdlestone Orthopaedic Society	(GOS)
Member of The Expert Witness Institute	(MEWI)
Faculty of Expert Witnesses	(FEW)

## AUTHOR OF NHS/ROYAL COLLEGE OF SURGEONS DOCUMENT \_\_\_\_\_.

Co-Author of NHS Curriculum Framework document for the Surgical Care Practitioner (2014)  
<http://accreditation.rcseng.ac.uk/pdf/SCP%20Curriculum%20Framework%202014.pdf>

## PUBLICATIONS \_\_\_\_\_.

**M Ashworth**, M Pollard and Sigrid C Rutishauser:  
Hepatic Extraction of Amiloride in Guinea Pigs: Its Inhibition by Choline.  
J. Physiol. 1984; 348, 36P.

**M Ashworth**, M Pollard and Sigrid C Rutishauser:  
Effects of the Replacement of perfusate Sodium by Lithium on Bile Secretion in the Isolated Perfused Guinea Pig Liver.  
J. Physiol. 1984; 349, 72P.

**M J Ashworth** and T H Meadows:  
Isolated Tuberculosis of a Skeletal Muscle.  
The Journal of Hand Surgery. 1992; 17B, 235.

J R Wootton, C A N McLaren and **M J Ashworth**:  
Neurological Complications of High Tibial Osteotomy - The Fibular Osteotomy as a Causative Factor.  
Ann R Coll surg Engl. 1995; 77: 31-34

**M J Ashworth**, M Davies and D M Williamson:  
Irreducible Lisfranc's Injury- The 'Toe-up' Sign  
Injury. 1997; 28: 321-322

**M J Ashworth** and J Dove:  
Dislodgement of the femoral component of a total hip replacement - Presenting through the buttock  
The Journal of Arthroplasty. 1997; 12: 589-590

**M J Ashworth** and N Patel:

Compartment Syndrome Following Ankle Fracture Dislocation - A Case Report  
J Orthop Trauma. 1998, 12: 67-68

**M J Ashworth** and N Patel:

Compartment Syndrome Following Ankle Fracture Dislocation - A Case Report  
Foot & Ankle International 1998, 19: 783 (Abstract)

**M Ashworth**

Tuberculous abscess of the arm.  
J Bone Joint Surg Am. 2000 Mar; 82(3):446.

J Kitson and **M J Ashworth**:

Meralgia Paraesthetica- A Complication of a Patient Positioning Device  
JBJS 2002 84B (4): 589-590

Chatterji U, **Ashworth MJ**, Lewis PL, Dobson PJ.

Effect of total hip arthroplasty on recreational and sporting activity.  
ANZ J Surg. 2004 Jun; 74(6):446-9.

Chatterji U, **Ashworth MJ**, Lewis PL, Dobson PJ.

Effect of total knee arthroplasty on recreational sporting activity  
ANZ J Surg 2005 Jun; 75 (6):405-8

HU Ahmed, C Kellett, **M Ashworth**, S Nazir.

First aid and cardiopulmonary resuscitation training for medical students.  
Med Educ. 2004 Aug; 38 (8): 913

Chatterji U, **Ashworth MJ**, Smith AL, Brewster N, Lewis PL.

Retrieval study of tibial baseplate fracture after total knee arthroplasty.  
J Arthroplasty. 2005 Jan; 20(1):101-7.

R J Poulter, **M J Ashworth**

A case of dissociation of polyethylene from its baseplate in a one piece compression moulded AGC tibial component  
Knee 2005 Jun; 12(3):243-244.

DG Campbell, WW Duncan, **M Ashworth**, A Mintz, J Stirling, L Wakefield, TM Stevenson

Patellar resurfacing in total knee replacement- A ten-year randomised prospective trial  
J Bone Joint Surg [Br] 2006; 88-B (6); 734-739

P Mukherjee, **M Ashworth**

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## PRESENTATIONS/POSTERS

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<b>GP Training day</b> Buckfast Abbey	Dec	2019
<b>SW Knee meeting</b> Yeovil Dorsal defect of patella	Nov	2018
<b>South west Orthopaedic club spring meeting</b> Cornwall Early community follow-up for total joint arthroplasty: a safe and cost-effective system (presented by A Robertson)	May	2017
<b>British Hip Society Annual Meeting</b> London Nurse-led Outreach Services for Hip and Knee Total Joint Arthroplasty – a novel approach to 6-week follow-up system (presented by M Williams)	March	2017
<b>Southwest Orthopaedic club spring meeting</b> Torquay Day case extra-articular arthroscopic psoas tendon division, following total hip Arthroplasty. Proof of concept.	June	2016
<b>International Combined Meeting British Hip Society &amp; Società Italiana dell'Anca (BHS &amp; SIDA),</b> Milan, Italy Mis-seating of Trident Ceramic Acetabular Liners (presented by T Law)	Nov	2015
<b>South West Orthopaedic Club meeting</b> Sandy Park, Exeter – 1 Outcome of hip resurfacing (presented by E Mathews) 2 Mis-seating of Trident Ceramic Liner (presented by T Law)	May	2015
<b>Invited lecturer SW Regional Anaesthesia meeting</b> Seal Hayne Newton Abbot. Debate <b>winner</b> - against the use of regional anaesthesia, where compartment syndrome is possible	July	2014
<b>Girdlestone Orthopaedic Society Annual Academic Meeting</b> Torquay Main Organiser of International Meeting and presentations given	Sept	2013
<b>British Orthopaedic Directors Society</b> Invited lecturer UCH London	May	2013
<b>Girdlestone Orthopaedic Association</b> Invited lecturer – international conference (Maceio, Brasil)	June	2011
<b>EFORT - Assessing FAI on Plain Radiographs</b> Free paper presentation, Berlin (By A Awad)	May	2012

<b>Girdlestone Orthopaedic Association</b> Invited lecturer – international conference (Oxford)	June	2011
<b>SW UK Hip Arthroscopy meeting</b> Bristol (Organiser and chair of meeting)	June	2011
<b>A new arthroscopic approach to Psoas release after THR</b> Southwest Hip Arthroscopy focus group Yatton, Nr Bristol	March	2010
<b>Cables, plates and onlay grafts</b> Invited lecturer – Synthes periprosthetic international fracture symposium, Exeter	June	2009
<b>Femoro-Acetabular Impingement – A Novel Method for Measuring the Alpha Angle on PACS</b> Poster at British Hip Society, Norwich	Feb	2008
<b>Frozen Section in Revision Joint Replacement</b> Poster at Riviera Research Day, Torquay	Nov	2007
<b>Fracture Classification, AO Screw insertion and DHS insertion</b> To <b>AO course</b> in operative fracture management for ORP's Leeds University Medical School (part of teaching faculty)	July	2006
<b>Return to sport after TKR</b> To the World congress in orthopaedic sports trauma Gold Coast Australia (by Dr P Lewis co-worker)	Sept	2000
<b>Cervical Spinal Trauma</b> To the Oxford Orthopaedic Postgraduate Training Programme	Jan	1997
<b>The Use of Ultrasound Guided Aspiration in Irritable Hip Syndrome</b> At the Oxford Orthopaedic Research Seminar	Dec Oct	1997 1995
<b>The Tension Band Principle</b> To the Oxford Orthopaedic Postgraduate Training Programme	Sept	1995
<b>Mechanism for Vertebral Rotation in Scoliosis</b> <b>Joint work presented by Mr J Wilson MacDonald (1994 ABC Fellow)</b> To the American Orthopaedic Association 107th Annual Meeting, Idaho	June	1994
<b>Prospective Study on Thrombo-Embolic Prophylaxis in THR- Using Light Reflected Rheology</b> A Poster at "Eurosurgery" 1993, The Royal Festival Hall, London	Sept	1993
<b>Kienbock's Disease</b> To the East Berkshire Orthopaedic Postgraduate Training Programme and to The North Staffordshire Postgraduate Training Programme	Aug May	1993 1992
<b>Neurological Complications of High Tibial Osteotomy- Is the Fibula to Blame?</b> To The 'Short Paper- Prize Meeting' St. Mary's Hospital, London	Dec	1992

CAREER \_\_\_\_\_

I enjoyed an NHS a consultant post where I performed both trauma and orthopaedic roles (start date 1<sup>st</sup> August 1999). I am now partly retired (February 2022) but work as a 'bank worker' at Torbay hospital 'as needed'. I continue treating NHS and Private patients in my Consultant role in Mount Stuart Hospital.

I was the Clinical Director of the Trauma and Orthopaedic Department at Torbay Hospital from 2010 -13 and Deputy Clinical Director from 2013-2016.

I have been heavily involved in the surgical Care Practitioner training in Torbay Hospital, and involved in both setting up and examining on the Plymouth University Surgical Care Practitioner (SCP) Masters Level course. I was a panel member as the Orthopaedic representative for the updated Curriculum Framework for the SCP (2014) at the Royal College of Surgeons; I am co-author of the Curriculum Framework document <http://accreditation.rcseng.ac.uk/pdf/SCP%20Curriculum%20Framework%202014.pdf>

My main orthopaedic interest is lower limb endoprosthetic surgery, both primary and revision. I also have considerable experience in hip impingement surgery. To compliment my understanding of knee arthroscopy I have further developed my skills in arthroscopy of the hip and perform arthroscopic and open hip impingement surgery.

SPORTS/INTERESTS \_\_\_\_\_

Sports: **Squash** previously played at club level in the first division of the 'Oxfordshire League', Junior County and University standard.  
Skiing, tennis, cycling & golf.

Other interests: SCUBA diving: -'Advanced Open Water Deep Diving Licence' (P.A.D.I.).  
Cycled 1000 miles from John O'Groats to Land's End 2011, raising £4,000 for Torbay Hospital League of Friends' charity.

I participate in water sports incl. skiing and yacht sailing.  
I have RYA Powerboat level 2 licence as well as the Day Skipper qualification.  
(Previously I was the owner of a 29' yacht as well as a speedboat)

Fell Walking: - In Wales, the Lake District & Dartmoor

Computers: Advanced training on Microsoft Word for windows & Excel.  
I am computer literate and using the 'Excel' spreadsheet I have produced two separate computerised on-call rotas for different hospitals. I have also designed a computerised operative logbook.

I designed and produced my own web site  
[www.hipandkneepain.org](http://www.hipandkneepain.org)

DIY: Renovated 150 year old Victorian cottage myself.  
Built summer house.  
Previously, with my father, built a dinghy, cabin cruiser and swimming pool.